

WELCOME TO THE BEL MARIN KEYS COMMUNITY SERVICES DISTRICT

FITNESS TRAIL

YOU ARE AT THE “SUNSET PARK FITNESS STATIONS”, EST. 2017

- 1) COMBINE WORKOUT STATIONS WITH WALKING / RUNNING FOR A COMPLETE WORKOUT
- 2) FOLLOW THE INSTRUCTIONS ON EACH EQUIPMENT FOR PROPER USE
- 3) KNOW YOUR LIMITATIONS, CONSULT A DOCTOR BEFORE STARTING ANY NEW WORKOUT PROGRAM
- 4) CHILDREN UNDER 12 MUST BE SUPERVISED BY AN ADULT
- 5) USERS OF THE EQUIPMENT ASSUME ALL RISKS AND RESPONSIBILITY FOR ANY ACCIDENTS, INJURIES, ILLNESS AND CONDITIONS OF ANY KIND ARISING OUT OF THE USE OF THE EQUIPMENT
- 6) CALL (415) 883-4222 TO REPORT ANY ISSUES WITH THE FITNESS TRAIL

HAVE A GREAT OUTDOOR WORKOUT!



Bel Marin Keys
Community Services District